

PROSTATE CANCER FACTS

Prostate cancer is the second leading cause of cancer death for men in the United States. However, early detection can significantly improve the chances of survival.

Risk factors

65+

Age: The majority is found in men over the age of 65



Family history: There is an increased risk when immediate family members have the disease



Diet: A diet including a lot of red meat and/or high-fat dairy products can yield a greater risk



Exercise: Men who do not regularly exercise may have increased risk



Race: African American men have greater incidence and death rates



Nationality: Prostate cancer occurs more in North America

Signs and symptoms

Usually, the early stages of prostate cancer are without obvious symptoms. However, any of the symptoms listed below should be discussed with a physician.



Impotence



Blood in urine



Pain in the spine, hips, ribs or other bones



Weakness or numbness in the legs or feet



Loss of bladder or bowel control



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Screening

Screening tests can determine the presence of abnormal cells in the prostate. Beginning at age 50, men should have yearly screening exams, which include:

Prostate-Specific Antigen (PSA) test, which screens blood for traces of PSA

Digital Rectal Exam (DRE), which allows a doctor to physically examine the prostate for any lumps or hard places

Treatment

If abnormal cells are present, the patient will be referred to an oncologist who will conduct a biopsy and determine the appropriate treatment plan.

Our practice recognizes the importance of comprehensive care close to home. We provide:

Comprehensive care, provided by board-certified oncologists and experienced nurses and support staff

Precise radiation treatment, using leading-edge technology which provides fewer side effects

Systemic therapies, including chemotherapy, biologic, hormone, immunotherapy and bone-targeting treatments

Innovative clinical trials, providing the latest therapies through affiliations with The US Oncology Network, US Oncology Research and The Radiation Therapy Oncology Group

On-site support services, such as patient navigation, counseling, charitable assistance, nutrition planning and more

For more information, visit
ArizonaOncology.com

